

PHYSICAL EDUCATION CURRICULUM SKILLS MAP (2-Year Rolling)

<u>Class Group</u>	<u>Core PE Focus</u>	<u>Skill Development</u>	<u>Linked School Values & Character Education</u>
Class 1 EYFS, Y1, Y2	Fundamental Movement Spatial Awareness Object Control	- Run, jump, hop, balance, throw, catch - Move safely in space - Follow rules and routines	<ul style="list-style-type: none"> ◇ Confidence: Safe environments to try and fail ◇ Resilience: Keep trying in simple games ◇ Awareness: Noticing others and space ◇ Respect: Taking turns, listening ◇ Kindness: Helping peers, fair play ◇ Engagement: Interactive, energetic games ◇ Fun: Themed games, dance, celebration assemblies
Class 2 Y3 & Y4	Teamwork & Game Play Control & Coordination Balance & Agility	- Passing, receiving, striking, throwing for accuracy - Combine movements (e.g., run, jump, land) - Intro to tactics and team strategies	<ul style="list-style-type: none"> ◇ Resilience: Keep practising when learning new skills ◇ Aspiration: Achieve personal goals (distance, control) ◇ Belonging: Team identity, class pride in games ◇ Respect: Celebrate differences in ability/approach ◇ Work Ethic: 'Every lesson, every day' applied in skill stations ◇ Pride: Celebrating progress through team points, shout-outs
Class 3 Y5 & Y6	Refined Skill Application Leadership & Performance Tactical Awareness	- Apply tactics in competitive games - Use feedback to refine technique - Officiate, coach, lead warmups - Reflect & improve	<ul style="list-style-type: none"> ◇ Confidence: Take on leadership and referee roles ◇ High Expectation: Track PBs in athletics, evaluate performance ◇ Kindness & Respect: Fair play, inclusive leadership ◇ Belonging: Representing school, house competitions ◇ Pride: Deliver routines, lead teams, personal improvement ◇ Engagement: Take initiative in PE roles



Celebrate Learning: Showcases, mini tournaments, awards

Values Integration by Activity Type (all classes)

Activity Type	Values & Behaviours Fostered
Gymnastics	Resilience through repetition Aspiration in striving for better shapes/balances Awareness of body and space Kindness in paired sequences
Dance	Confidence in self-expression Awareness of difference via cultural dances Fun and celebration of movement
Invasion Games	Work ethic in skill drills Respect through team roles Pride and belonging in team identity
Net & Wall / Striking & Fielding	Aspiration in improving accuracy Resilience in practice Kindness and patience with team members
Athletics	Confidence in achieving PBs High expectations of effort Pride in progress and self-discipline
Outdoor Adventure / Team Challenges	Belonging to team and community Engagement in problem-solving Kindness and cooperation in success
Leadership & Tournaments (Upper KS2)	Confidence in speaking Awareness and inclusion as leaders Responsibility and pride in representing school

How PE Embeds School Ethos



School Ethos Element

PE Contribution

Confidence

Builds through skill acquisition, performing, leading

Resilience

Developed via retrying, feedback, game situations

Aspiration / High Expectations

Personal bests, peer assessment, match play

Awareness of Difference

Inclusive teams, cultural movement styles

Respect

Rules, referees, diverse abilities and backgrounds

Pride

House tournaments, assemblies, certificates

Work Ethic: 'Every lesson, every day' Continuous improvement focus in lessons

Belonging

Teams, class identity, inter-school fixtures

Kindness

Peer support, feedback, celebration of others

Engagement

Enjoyable, active, varied learning

Celebrate Learning Together

Performances, displays, end-of-unit games